

# Nurturing Mind, Body, and Spirit Through Mindfulness

Sponsored by Wings of Hope Cancer Support Center

## Held at Knowles Mercy Spirituality Center

2304 Campanile Rd, Waterloo, Ne. 68069 (located 1 mile west of 264th and West Center Rd)

Join us on:

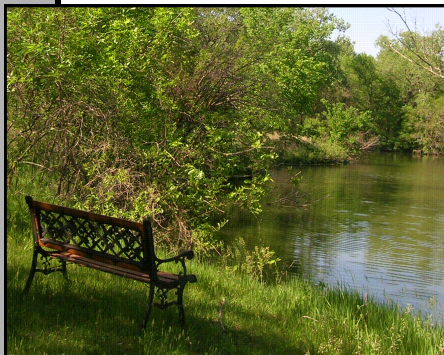
**Saturday, June 10, 2017**

Workshop is held from 8:30 a.m. to 4:00 p.m.

We invite you to learn more about **mindfulness** and how to use it to promote your own **health and well-being**, as well as best practices for working with your clients.

**FEE: \$45/person** includes continental breakfast, lunch, and bottomless beverages

**Facilitator: Patrick Davis, MA, PCC**, is a former hospice chaplain, holds a Masters in Adult Education and has achieved certifications in life coaching and hands-on healing practices. **Dan Long, LMSW**, is our guest presenter from Mindful Therapy Solutions in Knoxville, TN. **Carolyn Ettinger, MA, LMHP**, is a counselor and Healing Touch Practitioner who specializes in working with cancer patients and caregivers.



Knowles Mercy Spirituality Center is located just 20 minutes west of Oakview Mall off West Center Road/Hwy 92. Driving directions can be found on our website at [www.kmscenter.org](http://www.kmscenter.org). Our retreat center is on 25 acres of natural woodlands with walking paths and an outdoor labyrinth. Call 402.359.4288 or you can email us at [kmscenter@mercywmw.org](mailto:kmscenter@mercywmw.org). Visit our website or like us on Facebook. KMSC is a ministry of the Sister of Mercy.



**TO REGISTER** fill in the below form and mail with the fee (payable to Sisters of Mercy) to:  
**Knowles Mercy Center, 2304 Campanile Road, Waterloo, Ne. 68069**  
For additional information call 402.359.4288 or email [kmscenter@mercywmw.org](mailto:kmscenter@mercywmw.org)

This Workshop is sponsored by



**Cancer Support Center**

Please **PRINT** your information below or if you are unable to attend the program pass this on to a friend & have them complete their information and mail in the registration

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Saturday, June 10, 2017

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